



Medal Winners

September 21, 2013

10 MILE RUN

Women's

Overall

1st: Liz Delehanty 1:12:26

2nd: Stacey Forte 1:21:03

3rd: Laine Sommers 1:22:11

Age Categories – 1st Place only 15 – 19

20 – 24

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25 – 29

Nicole Kunsman 1:37:41

30 – 34

Kristi Kato 1:34:07

35 – 39

Jami Kruhmin 1:22:45

40 – 44

Lori Metzger 2:28:50

45 – 49

Gina O'Shea 1:25:14

50 – 54

Leslie Christensen 1:31:16

55 – 59

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60 – 64

Melanie Rafferty 1:26:32

65 – over

Men's

Overall

1st: Joel Dagenhardt 1:06:09

2nd: Gary Mink 1:12:05

3rd: Ron Kuutz 1:17:59

Age Categories – 1st Place only 15 – 19

20 – 24

Luc Labonte 1:18:45

25 – 29

Bryan Kunsman 1:31:41

30 – 34

Ryan Sheriden 1:40:37

35 – 39

Jason Heiney 1:30:41

40 – 44

Keith Magley 1:20:59

45 – 49

Robert Wright 1:26:26

50 – 54

Greg Graff 1:34:53

55 – 59

James Bane 1:27:24

60 – 64

Stan Hayden 1:30:33

65 – over

John Plough 1:24:21

Total Number of Medals: 28